

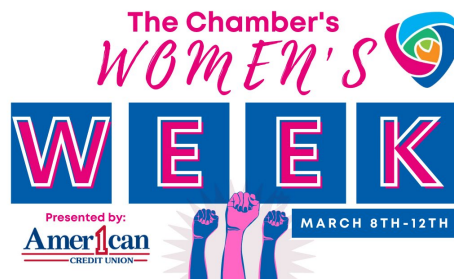
www.jacksonwomensweek.com

Monday March 8th

Today's Featured Industry: Business

- 8am** **Morning Motivational Minute Video – Broadcast on Facebook**
Martha Fuerstenau
President/CEO, American 1 Credit Union
- 12pm** **Women's Week Proclamation & Kick Off**
Derek Dobies
Mayor, Jackson Michigan
Martha Fuerstenau
President/CEO, American 1 Credit Union
Janelle Merritt
Vice President of Community Partnership, American 1 Credit Union
Craig Hatch
President/CEO Jackson Chamber of Commerce
- 12pm** **American 1 Women's Expo presented by The Chamber - LIVE**
www.JacksonWomensExpo.com
- 12pm** **NOON ZOOM – Tips to Persevere**
Linda Meloche
Instructor, Dale Carnegie Training
Join Zoom:
<https://us02web.zoom.us/j/83566145341?pwd=bnFkZGM1ekorL1QwcmRzMFltSGIMUT09>
- 2pm** **Two O'clock Tutorial - The Art of Difficult Conversations**
Maribeth Leonard
CEO, Lifeways Community Mental Health
Join Zoom:
<https://us02web.zoom.us/j/81363062082?pwd=bE9xNENDdDFNbZMS3dIOFJ6ZHVKdz09>

Schedule subject to change



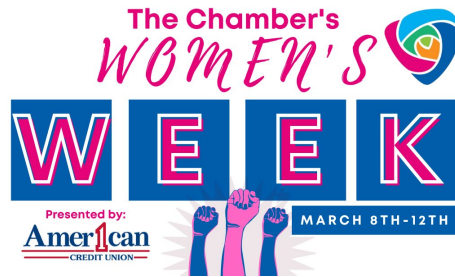
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Tuesday March 9th

Today's Featured Industry: Health Care

- 8am** **Morning Motivational Minute Video - Broadcast on Facebook**
Paula Autry
Senior Vice President and CEO, Henry Ford Health System
Rebecca Snow
Chief Finance Officer, Center for Family Health
- 10am** **Virtual Classroom – Impact of COVID 19 on Emotional Health & Self Care Strategies**
Denae Tracy
LMSW, Lifeways Community Mental Health
Maribeth Leonard
CEO, Lifeways Community Mental Health
Join Zoom:
<https://us02web.zoom.us/j/83640317398?pwd=UHRIOUpNN0FEcmVhZGE2dkMrNEdWZz09>
- 12pm** **NOON ZOOM – Women's Heart Health**
Dr. Rose Johnson
Chief Medical Officer, Center for Family Health
Join Zoom:
<https://us02web.zoom.us/j/89395639272?pwd=OWVGUVBYSUcvUjNmTVNYaWJwcFFNdz09>
- 2pm** **Two O'clock Tutorial –**
Diet and Exercise: What's Missing, How Eating Psychology can help!
Marina Maier, Eating Psychology Coach, Coterie Jackson
Coach, Coterie Jackson
Join Zoom:
<https://us02web.zoom.us/j/81974070326?pwd=NHMyZ3Fha0M2enVBbWtvcEl1c09Tdz09>
- 3pm** **Strong for Life: Exercise Tips to Build Everyday Strength**
Theresa Horne
Certified Personal Trainer, Sisterhood of Strong
Join Zoom:
<https://us02web.zoom.us/j/84154166902?pwd=TXNJVzhBaldKQzZCcWtPMHdOK2tHQ09>

Schedule subject to change



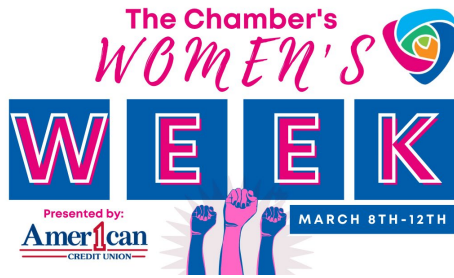
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Wednesday March 10th

Today's Featured Industry: Education

- 8am** **Morning Motivational Minute Video - Broadcast on Facebook**
Julie Baker
Assistant Superintendent Elementary Education, Jackson Public Schools
Pamela Campbell
Superintendent, Columbia School District
Maureen Brown
Director of Marketing and Advancement Services, Lumen Christi Catholic
- 10am** **Virtual Classroom - *How to Say it For Women***
Canena Adams
Founder & CEO, Women of Worth
Join Zoom:
<https://us02web.zoom.us/j/86147798814?pwd=aVEwZWxZTGy1UmYzZitXdUVDTUs3dz09>
- 12pm** **NOON ZOOM - *The Educator Scene***
Forum hosted by The Real VikingsQueens of JPS
Join Zoom:
<https://us02web.zoom.us/j/83044167413?pwd=T2pNUGpCUy90clVLaFQyanljVWh5UT09>
- 2pm** **Two O'clock Tutorial - Money Matters; *Let's Talk Credit***
Janelle Merritt
Vice President of Community Partnership, American 1 Credit Union
Join Zoom:
<https://us02web.zoom.us/j/81249802664?pwd=cFVFaGdJaW1lUVZSeWpERWFMU0FEdz09>

Schedule subject to change



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Thursday March 11th

Today's Featured Industry: Public Service

8am Morning Motivational Minute Video - Broadcast on Facebook

Julie Alexander
State Representative, 64th District
Sarah Lightner
State Representative, 65th District

10am Virtual Classroom - Making Social Media Work for Your Small Business

Laurie Sexton
Marketing Assistant, Jackson District Library
Join Zoom:

<https://us02web.zoom.us/j/86039721889?pwd=RCs2d2NjZ1VzUVpiaGZDSFovaE9tZz09>

12pm NOON ZOOM – Encouraging Women to Engage in the Political Process

Renell Weathers
Community Engagement Director, Michigan League for Public Policy
Carlene Walz-Lefere
Retired Judge
Join Zoom:

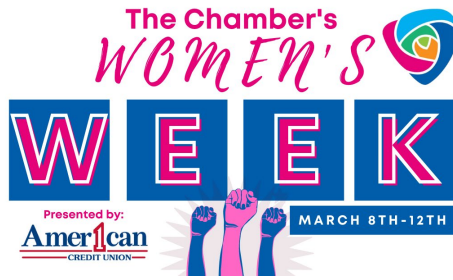
<https://us02web.zoom.us/j/89569840030?pwd=UVJKWS9pUmZLbmtYTGQwUCt5dXhVdz09>

2pm Two O'clock Tutorial – Running a First Time Campaign and Winning

Kesha Hamilton, Community Action Agency,
Jackson Public School Board Member
Join Zoom:

<https://us02web.zoom.us/j/87024149259?pwd=aG4rQmxRTy9jd2tGREFGb29vNkE0QT09>

Schedule subject to change



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Friday March 12th

Today's Featured Industry: Non-Profits

- 8am** **Morning Motivational Minute Video - Broadcast on Facebook**
Monica Moser
President & CEO, Jackson Community Foundation
- 10am** **Virtual Classroom - Non-profit CEO Panel Discussion**
Moderated by Wendy Clow Executive Director, Habitat for Humanity
Join Zoom:
<https://us02web.zoom.us/j/85135184690?pwd=cFZVdW8reDRleHFQSSStQVktCVnFkQT09>
- 12pm** **NOON ZOOM – Emotional Intelligence; Leaning into your Superpower**
A Conversation with Chrissy Siders and Heather Harback
True Community Credit Union
Join Zoom:
<https://us02web.zoom.us/j/82117936850?pwd=YU80WGIXRIE5QTgyRVJwb3dVWFk3QT09>
- 2pm** **Two O'clock Tutorial – Quick Meals; Five Ingredients, Five Ways**
Kelly Kofflin
Nutrition Coach, Food Blog Editor
Join Zoom:
<https://us02web.zoom.us/j/89698415629?pwd=QjZ1THVEchIrbVgrbDNhSElBaUtQZz09>

Schedule subject to change

